



GUIDELINES FOR EMBER DAY LETTERS

I am pleased that we are able to work together as partners for our Lord in the Diocese of Montana. One of the important ways that you can be in contact with me and that I can stay in touch with you is via the canonically required Ember Day letters. Due four times a year, the dates for this correspondence can be found in the Collects section of the Book of Common Prayer.

Please know that your letters will be strictly confidential. As you write, give consideration to the following areas.

Spiritual life

Have you been meeting regularly with your spiritual director?
Have you met with your confessor lately?
How has it been going with your rule of prayer?
What is your pattern of involvement in public worship?
Are you facing issues? Are there areas of growth and conversion?

Education

What are your classes this term, and how is it going in them?
What is your field work assignment? How is it going?
Are there issues or insights in your educational process?

Family, if applicable

How is your family doing? Are they able to be supportive to you?
Do you have joys and sorrows to share?

Health

How is your physical and mental health?
How is it going with your exercise program?

Friendship and social life

Do you have friends, and are they being supportive of your journey in Christ?
What have you done recently for recreation?

Finances

How are you doing financially? Are you facing special burdens?

Are there special intercessions and intentions you wish me to know as I pray for you.

Thank you for your participating in this. I value your letters, and will respond to you as quickly as I can.

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